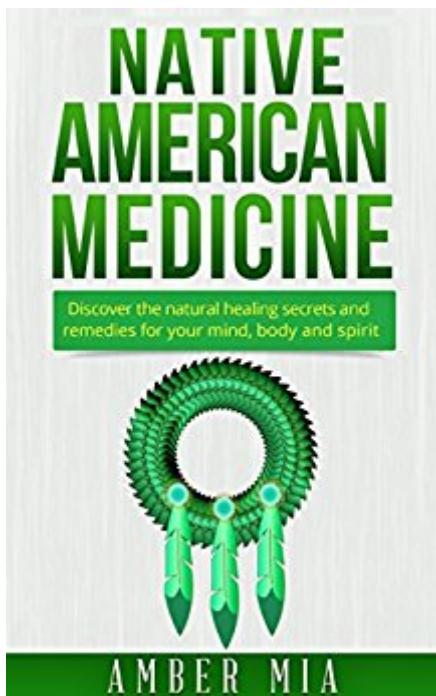


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# Native American Medicine: Discover The Natural Healing Secrets And Remedies For Your Mind, Body And Spirit (Native American Medicine, Natural Remedies, ... Treatment, Herbal, Naturopathy Book 1)



## Synopsis

Native American Medicine Discover the Natural Healing Secrets and Remedies for Your Mind, Body and SpiritIn this eBook you are going to discover the natural healing secrets and remedies that will benefit your mind, body and spirit. This is a self-help eBook which will help you to prepare these remedies yourself at home in order to heal medical problems that you or your loved ones may be suffering from. The history of the Native American Medicine goes back to over 40,000 years ago when the indigenous tribes that occupied America and Canada used herbs, plants and certain ingredients to heal medical problems. They made teas, infusions, decoctions and poultices which were very effective and we can turn to them to make medicinal remedies like these indigenous tribes did, healing and curing illnesses naturally with few or no side effects.Before the pharmaceutical companies were started, the indigenous Native American tribes used their own types of traditional medicines to treat illnesses and diseases. These healing remedies and traditions reflected the diversity of the indigenous tribes that inhabited America. As the pharmaceutical companies gained ground, people started depending more on prescription drugs than traditional medicines. With time, these drugs started posing health risks because of the side effects while in other cases health conditions became resistant to the prescription drugs posing a danger to users' lives. As time went by, people started searching for traditional medicines which the natives used to heal illnesses and diseases naturally. Some people have taken great interest to find out the secrets and remedies the Native Americans used and this is what we present to you in this eBook. This is a self-help book which details many Native American medical remedies which you can apply to heal illnesses and diseases which you may have. The products have a natural taste and you take them you will start having a balance in your life.Excited? Here's a Sneak Peek! History of Native American Medicine Herbal Preparations Natural Native American Medical Remedies Illnesses and Diseases You Can Treat On Your OwnTreatment Approaches and much, much more! -----Tags: Native American Medicine, Natural Remedies, Herbal Remedies, Native American Herbs, Native American Spirituality, Native American Healing, Immune System, Health, native american medicine, native american herbs, native american healing, natural remedies, herbal remedies, immune system, native american spirituality

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## **Customer Reviews**

The book gives a little history of Native American medicine. It delves into the different preparation methods. Native American medicine as we know it today refers to health practices that were practiced by the many indigenous tribes. The high point of this book for me is the detailed listing of the different herbs and usage of the specific aliments. Chapter four highlights illness that you can treat on your own-- listed in alphabetical order. This book is a keeper.

I'm sorry I wasted my money on this. I thought from the reviews, etc. it would be a good book. It's moderately alright, it does list herbs and their uses, but the grammar and spelling in it are atrocious. I do not know how in the world any responsible editor let this book be published with errors such as "the herbs are gathered and grinded to a powder" in it. This is only one of many horrible uses of the language, the words are inappropriately used, tenses are completely disregarded and even made up on occasion. For me as a former English teacher, reading this is nothing but absolute agony. The content gets completely lost in the miasma of bad spelling and grammar and form. If there is good information in here, you 'll have to run off the pages, correct them all, then re-type the entire thing. It's a huge disappointment and I regret buying it. I'm sure the author meant well, but one of the requirements of a writer is to know the language in which they wish to communicate.

Once in a long time a person is privileged to read a book that contains wisdom and power on almost every page. This is such a book. The writer, who is not by birth a Native American, has not only studied but lived the philosophy and practice of Native healing. He presents the reader with a multitude of different aspects of Native healing, not least of which is the healing of the spirit and the bases for establishing a truly healthy lifestyle.

This book contains very details information on how to heal your body, mind and spirit using natural secrets and remedies which the Native Americans used. I was not aware of benefits of natural remedies until I read this book. Now, I understand that a healthy therapy is essential not only for those suffering from illnesses but for your overall health. This book will be of great help to you if you want to overcome illnesses and diseases.

Good information. I intend to use this book and others as I have diabetes and high blood pressure. The plants in my garden will be undergoing a change

Information is ok but not very useful as to how to get all the material to produce the medicine.

This book is very informative. I enjoyed reading it and getting a look at Native American medicine.

Wonderful starter book in the Indian culture. Wonderful shaman wisdom.

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